

## Hydroxypropyl- $\beta$ -Cyclodextrin Increases the Aqueous Solubility and Stability of Pilocarpine Prodrugs

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**Purpose.** The effects of 2-hydroxypropyl- $\beta$ -cyclodextrin (HP- $\beta$ -CD) on the aqueous solubility and stability of two lipophilic bispilocarpine prodrugs were investigated at pH 7.4. **Methods.** The solubility of prodrugs was studied by phase-solubility method (0–72.5 mM HP- $\beta$ -CD). The stability of one of the prodrugs was investigated as a function of temperature (40°C–70°C) and HP- $\beta$ -CD concentration (0–72.5 mM). The apparent rate constants ( $k_1$ ,  $k_2$ ) for degradation of prodrug in 1:1 and 1:2 inclusion complexes and apparent stability constants ( $K_{1:1}$ ,  $K_{1:2}$ ) were calculated by the curve-fitting method. **Results.** The phase-solubility diagrams were classified as  $A_p$ -type and the apparent stability constants ( $K_{1:1}$ ,  $K_{1:2}$ ) for 1:1- and 1:2-inclusion complexes were calculated to be 143–815 M<sup>-1</sup> and 29–825 M<sup>-1</sup>, respectively. The stability of prodrug increased as a function of HP- $\beta$ -CD concentration over the studied temperature range. The shelf-life ( $t_{90\%}$ , calculated by the Arrhenius equation) of the prodrug in 72.5 mM HP- $\beta$ -CD solution increased 5.1-fold and 6.1-fold at 25°C and 4°C, respectively. **Conclusions.** The solubility of the prodrugs was shown to increase markedly in phase-solubility studies. The degradation rate of prodrug in stability studies was shown to be slower in the 1:2-complex than in the 1:1-complex and the relative amounts of complex species were found to be dependent on CD concentration.

**KEY WORDS:** prodrug; bispilocarpic acid diester; hydroxypropyl- $\beta$ -cyclodextrin; inclusion complex; solubility; stability.

### INTRODUCTION

Pilocarpine is a widely used drug for the treatment of glaucoma. However, the ocular bioavailability of pilocarpine is very low (1). The major disadvantage of pilocarpine is its poor corneal permeability, probably due to the low lipophilicity of the molecule. Thus a prodrug approach has been used to improve the ocular delivery of pilocarpine (2–4). Bispilocarpic acid diesters are lipophilic dimeric pilocarpine double prodrugs containing two pilocarpine molecules. These prodrugs release pilocarpine via enzymatic and chemical hydrolysis in the eye (5). The corneal permeability of these lipophilic pilocarpine prodrugs are several times higher than that of pilocarpine (6). Unfortunately these prodrugs cause significant eye irritation and have low aqueous solubility and stability at the physiological pH, which is most desirable for ophthalmic solution administration. The solu-

bility and stability of prodrugs can be increased by lowering the pH of solution, but this will also decrease the ocular absorption of the prodrugs. An earlier study showed that the irritation due to one of these prodrugs could be suppressed by the use of SBE4- $\beta$ -CD, a sulfobutyl ether derivatives of  $\beta$ -cyclodextrin (7).

It has been reported that co-administration of 2-hydroxypropyl- $\beta$ -cyclodextrin (HP- $\beta$ -CD) increases the intraocular pressure lowering effect of prostaglandins (8) and carbonic anhydrase inhibitors (9) and ocular absorption of dexamethasone, dexamethasoneacetate (10,11) and diclofenac sodium (12). In the case of pilocarpine, cyclodextrins (CDs) have been reported to enhance (13) pilocarpine delivery but a recent study has challenged this observation (14). The use of CDs in ophthalmic preparations has been reviewed recently (15), where it was concluded that one suitable ophthalmic application of CDs may be the preparation of solutions of highly insoluble prodrugs.

The aim of the present study was to increase the aqueous solubility and stability of lipophilic pilocarpine prodrugs at physiological pH with HP- $\beta$ -CD.

### MATERIALS AND METHODS

#### Chemicals

The pilocarpine prodrugs, O,O'-dipivalyl (1,4-xylylene)- and O,O'-dicyclobutanecarbonyl (1,2-ethylene) bispilocarpic acid diester (Figure 1) were synthesized and identified according to previously described methods (16). HP- $\beta$ -CD (Molecusol®; MW = 1379, degree of molar substitution 0.6) was purchased from Pharmatec Inc. (Alachua, FL). Disodium phosphate dihydrate was obtained from Merck (Darmstadt, Germany). Sodium chloride and methanol (HPLC-grade) were acquired from T.J. Baker (Denver, The Netherlands). Ethanol was purchased from OY Alko AB (Finland). Hydrochloric acid was obtained from Riedel-de Haen (Seelze, Germany) and sodium hydroxide from Eka Nobel AB (Bohus, Sweden).

#### Apparatus

High performance liquid chromatography (HPLC) was performed with a system consisting of the Beckman programmable solvent module 116, a Beckman programmable UV detector (set at 215 nm), the System Gold data module (Beckman Instruments Inc. San Ramon, USA), a Marathon autosampler equipped with column thermostat (Spark Holland, Emmen, The Netherlands), and a Rheodyne 7080-080 loop injector. A deactivated Supelcosil LC8-DB (15 cm  $\times$  4.6 mm i.d., 5  $\mu$ m) reversed-phase column (Supelco, Bellefonte, USA) was used for the separations. The chromatographic conditions were as follows: injection volume, 20  $\mu$ l; column temperature, 40°C; flow rate, isocratic at 1.0 ml/min. The mobile phase used consisted of 29% monobasic potassium phosphate buffer (0.02 M, pH 4.5) in methanol. An Orion SA 520 pH meter (Boston, USA) equipped with a combination pH electrode, was used for pH determinations.

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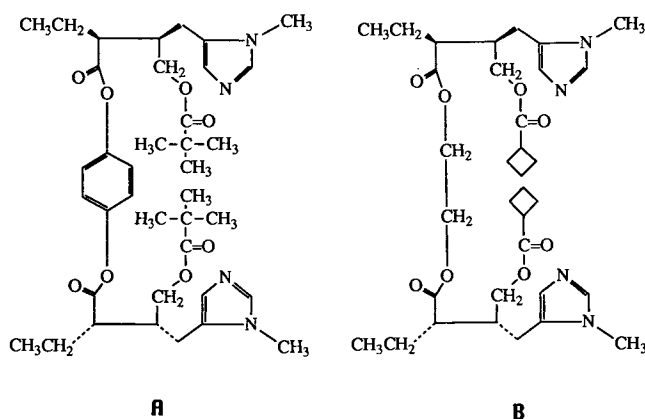


Fig. 1. Chemical structure of O,O'-dipivalyl (1,4-xylylene) bispilocarpic acid diester (Prodrug A) and O,O'-dicyclobutanecarbonyl (1,2-ethylene) bispilocarpic acid diester (Prodrug B).

### Solubility Studies

The stability constants for inclusion complex formation between the pilocarpine prodrugs (prodrugs A and B) and HP- $\beta$ -CD were determined using the phase-solubility method (17). Excess amount of the prodrug was added to phosphate buffer solutions (0.16 M, ionic strength of 0.5, pH 7.4) containing various concentration (3.6–72.5 mM) of HP- $\beta$ -CD. The suspensions were shaken at 25°C for 72 h and the pH of the suspension was monitored during equilibration. The pH of suspensions was adjusted to 7.4 with HCl or NaOH, if necessary. After equilibration, the suspensions were filtered through 0.45  $\mu$ m membrane filters and analysed by HPLC. The solubility of prodrugs in phosphate buffer (0.16 M, pH 7.4), in the absence of HP- $\beta$ -CD ( $S_0$ ), were determined as an average of five determinations.

### Stability Studies

The stability of O,O'-dicyclobutanecarbonyl (1,2-ethylene) bispilocarpic acid diester (prodrug B), in phosphate buffer (0.16 M, ionic strength 0.5, pH 7.4) was studied as a function of temperature (40°C–70°C) and HP- $\beta$ -CD concentration (0–72.5 mM). Solutions of the bispilocarpic acid diester fumarate were prepared by dissolving an appropriate amount of the prodrug B in 1.0 ml of ethanol followed by an addition of 25 ml of the pre-heated buffer-solution containing the desired cyclodextrin concentration. Ethanol was used due to poor solubility of the prodrug in the absence of HP- $\beta$ -CD. The solutions were placed in a constant temperature and at the appropriate intervals, 1 ml samples were taken. The remaining prodrug was assayed according to the peak areas measured by the HPLC method described previously. The pseudo-first-order rate constants ( $k_{obs}$ ) and half-lives ( $t_{1/2}$ ) for the overall degradation of prodrug B were determined from the slopes of the linear semilogarithmic plots of the remaining prodrug versus time. The values for degradation rate of prodrug in inclusion complexes ( $k_1$ ,  $k_2$ ) and the stability constants for inclusion complexes ( $K_{1:1}$ ,  $K_{1:2}$ ) were calculated from degradation data (Macintosh Kaleida-Graph).

## RESULTS AND DISCUSSION

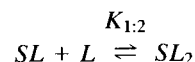
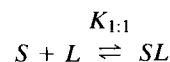
### Phase-Solubility Studies

Figure 2 shows the phase-solubility diagrams of O,O'-dipivalyl (1,4-xylylene) bispilocarpic acid diester (prodrug A) and O,O'-dicyclobutanecarbonyl (1,2-ethylene) bispilocarpic acid diester (prodrug B) in phosphate buffer (0.16 M, ionic strength 0.5, pH 7.4). The phase-solubility diagrams are  $A_p$ -type (17) indicating formation of 1:1 and 1:2 prodrug/HP- $\beta$ -CD complexes. The stability constants for the 1:1 and 1:2 complexes were calculated after constructing a plot by using equation 1 (17):

$$\frac{([S_t] - [S_0])}{[L_t]} = K_{1:1}[S_0] + K_{1:1}K_{1:2}[S_0][L_t] \quad (1)$$

where  $[S_t]$  is the total drug concentration at total cyclodextrin concentration  $[L_t]$ ,  $[S_0]$  is the solubility of prodrug in the absence of cyclodextrin and  $K_{1:1}$ , and  $K_{1:2}$  represents the stability constants for 1:1-complex and 1:2-complex, respectively. A plot of  $([S_t] - [S_0])/[L_t]$  v.  $[L_t]$  results in a linear plot with an intercept of  $K_{1:1}[S_0]$  and a slope of  $K_{1:1}K_{1:2}[S_0]$ . The stability constants for 1:1- and 1:2-complexes were calculated to be 815  $M^{-1}$  and 825  $M^{-1}$  for O,O'-dipivalyl (1,4-xylylene) bispilocarpic acid diester and 143  $M^{-1}$  and 29  $M^{-1}$  for O,O'-dicyclobutanecarbonyl (1,2-ethylene) bispilocarpic acid diester, respectively.

Complex-formation involving 1:1 and 1:2 complexes can be represented by the following equilibria:



where  $S$  represents a substrate (prodrug),  $L$  represents the free ligand (HP- $\beta$ -CD) and  $SL$  and  $SL_2$  are 1:1 and 1:2 inclusion complexes formed by the substrate and the ligand, re-

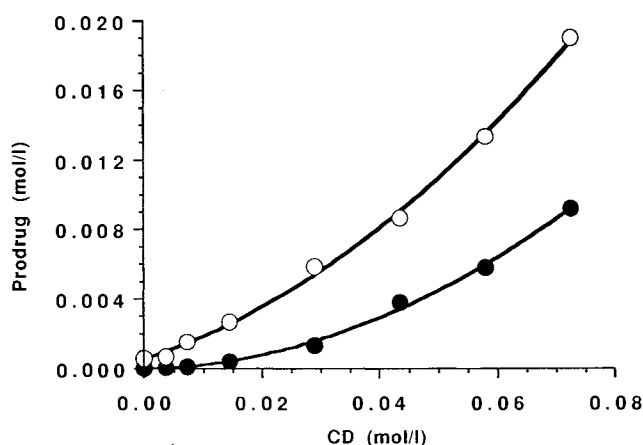


Fig. 2. Phase-solubility diagrams of O,O'-dipivalyl (1,4-xylylene) bispilocarpic acid diester (●) and O,O'-dicyclobutanecarbonyl (1,2-ethylene) bispilocarpic acid diester (○) in phosphate buffer (0.16 M, pH 7.4).



**Table I.** Pseudo-First-Order Rate Constants for Degradation of O,O'-Dicyclobutanecarbonyl (1,2-ethylene) Bispilocarpic Acid Diester at pH 7.4 (40°C–70°C) and Stability Constants of Inclusion Complexes Calculated with Curve Fitting Method from Degradation Data.  $k_0$  is the Degradation Rate Constant of Uncomplexed Drug.  $k_1$  and  $k_2$  Represents the Pseudo-First-Order Rate Constants for Degradation of Drug in 1:1-Complex and 1:2-Complex, Respectively.  $K_{1:1}$  and  $K_{1:2}$  Represent the Stability Constants of the 1:1-Complex and 1:2 Complex, Respectively

$T$ (°C)	$k_0 \times 10^4$ (h <sup>-1</sup> )	$k_1 \times 10^4$ (h <sup>-1</sup> )	$k_2 \times 10^4$ (h <sup>-1</sup> )	$K_{1:1}$ (M <sup>-1</sup> )	$K_{1:2}$ (M <sup>-1</sup> )
70	492.7	181.7	78.8	152.5	18.2
60	201.7	63.4	35.4	141.9	18.5
50	79.3	28.1	10.7	154.3	16.8
40	25.9	7.9	3.5	127.5	20.8

$$\log k = -\frac{E_a}{2.303 R} \times \frac{1}{T} + \log A \quad (9)$$

where,  $E_a$  is the apparent energy of activation,  $A$  is frequency factor,  $R$  is the gas constant and  $T$  is the temperature in Kelvins. The Arrhenius plots of the degradation rates of prodrug B in the absence and presence of HP- $\beta$ -CD over the temperature range of 40°C–70°C formed parallel lines, which shows that the stabilization effect is same over the temperature range studied. Besides, the results indicate that complexation between prodrug B and HP- $\beta$ -CD is not significantly dependent on temperature, which can be seen from the stability constants  $K_{1:1}$  and  $K_{1:2}$  in Table I. The half-lives ( $t_{1/2}$ ) of the prodrug B in temperatures of 40°C–70°C and the calculated shelf-lives ( $t_{90\%}$ ) of prodrug B at lower temperatures (25°C–4°C) are summarized in Table II. Based on the Arrhenius plots, the shelf-life of the prodrug B increased from 4 months (in a absence of HP- $\beta$ -CD) to 26 months (in presence of 72.5 mM HP- $\beta$ -CD) at 4°C. Table II shows also that it may be possible to increase the stability of prodrug B by increasing cyclodextrin concentration, as evidenced by an increase of stability of prodrug B as a function of cyclodextrin concentration at every temperature studied.

**Table II.** Observed Half-Lives ( $t_{1/2}$ ) and Shelf-Lives ( $t_{90\%}$ ) for Overall Degradation of O,O'-Dicyclobutanecarbonyl (1,2-Ethylene) Bispilocarpic Acid Diester at Various Temperatures, in the Presence or Absence of HP- $\beta$ -CD at pH 7.4

Temp. (°C)	$t_{1/2}$ (h)/Relative stabilization <sup>a</sup>					
	0.0 mM (CD)	7.3 mM (CD)	14.5 mM (CD)	29.0 mM (CD)	43.5 mM (CD)	72.5 mM (CD)
70	14.1	22.6/1.6	28.3/2.0	35.4/2.5	41.8/3.0	52.0/3.7
60	34.4	55.4/1.6	69.7/2.0	94.2/2.7	108.6/3.2	138.6/4.0
50	87.4	143.7/1.6	173.0/2.0	228.2/2.6	338.5/3.9	362.8/4.2
40	267.1	421.1/1.6	557.4/2.1	740.1/2.8	919.2/3.4	1217.0/4.6
Temp. (°C)	$t_{90\%}$ (days)/Relative stabilization					
	0.0 mM (CD)	7.3 mM (CD)	14.5 mM (CD)	29.0 mM (CD)	43.5 mM (CD)	72.5 mM (CD)
25 <sup>b</sup>	8.9	14.1/1.6	18.5/2.1	25.2/2.8	36.4/4.1	45.0/5.1
15 <sup>b</sup>	30.1	47.7/1.6	63.5/2.1	87.9/2.9	133.6/4.4	165.7/5.5
4 <sup>b</sup>	127.8	201.4/1.6	273.4/2.1	385.1/3.0	623.0/4.9	775.1/6.1

<sup>a</sup>  $t_{1/2}$  with CD/ $t_{1/2}$  without CD.

<sup>b</sup> Calculated value.

Figure 4 shows concentrations of 1:1 and 1:2 inclusion complexes and uncomplexed prodrug B molecules in aqueous solutions used in stability studies. The concentrations of 1:1 and 1:2 inclusion complexes were calculated using the equations 10 and 11.

$$[SL] = \frac{K_{1:1}[S_i][L]}{1 + K_{1:1}[L] + K_{1:1}K_{1:2}[L]^2} \quad (10)$$

$$[SL_2] = K_{1:2}[SL][L] \quad (11)$$

where ( $S_i$ ) is the initial concentration of prodrug B in stability studies (194.05  $\mu$ mol/l) and  $K_{1:1}$  and  $K_{1:2}$  are 143 M<sup>-1</sup> and 29 M<sup>-1</sup>, respectively. Figure 4 shows that at low HP- $\beta$ -CD concentrations, most of the drug is in the 1:1-complex form while at high HP- $\beta$ -CD concentrations the concentration of the 1:2-complex may dominate. These theoretical calculations are in good agreement with experimental stability data, assuming that the prodrug molecules are more stable in the 1:2 complexed form than in the 1:1 complexed form. Figure 4 shows that at the highest cyclodextrin concentration in these stability studies, only 65% of drug molecules are in the 1:2 complex form. Thus it is possible to increase the stability of prodrug B by increasing HP- $\beta$ -CD concentrations in aqueous solutions.

## Conclusions

In the present study, it was found that HP- $\beta$ -CD forms both 1:1 and 1:2 inclusion complexes with O,O'-dipivalyl (1,4-xylylene) bispilocarpic acid diester (prodrug A) and O,O'-dicyclobutanecarbonyl (1,2-ethylene) bispilocarpic acid diester (prodrug B) in aqueous solution at pH 7.4. Complexation of pilocarpine prodrug with HP- $\beta$ -CD increased the aqueous solubility of prodrugs and the stability of prodrug B. The degradation rate of prodrug B was slower in a 1:2-complex than in a 1:1-complex and the relative amounts 1:1 and 1:2 inclusion complexes was dependent on cyclodextrin concentration. The results suggest that CDs will be useful additives in the solubilization and stabilization of lipophilic ester-prodrugs of pilocarpine.

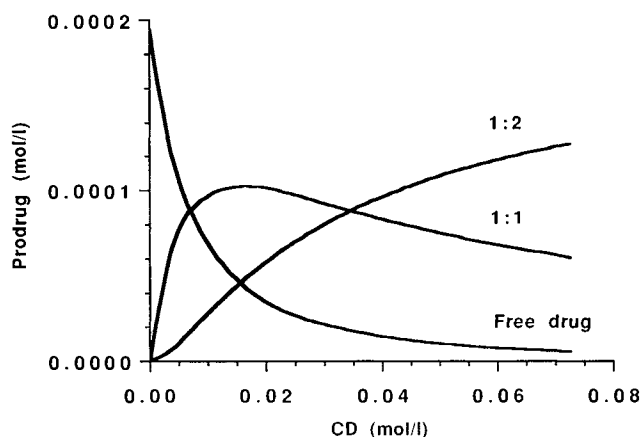


Fig. 4. The calculated concentrations of 1:1-complexes, 1:2-complexes and uncomplexed drug molecules for different HP- $\beta$ -CD concentrations in stability studies of O,O'-dicyclobutanecarbonyl (1,2-ethylene) bispilocarpic acid diester at pH 7.4.

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